CLAIMS

What is claimed is:

- 1. A composite material comprising:
 - a matrix phase; and
- a coupled fiber reinforcement structure formed of at least one high aspect ratio fiber wherein said coupled fiber reinforcement structure has an aspect ratio of less than ten.
- 2. The composite material of Claim 1 wherein the coupled fiber reinforcement structure comprises a pair of fibers adjoined by a bond, said joint structure capable of maintaining the cross structure during a molding process.
- 3. The composite material of Claim 1 wherein the multi-dimensional array forms a triangular structure.
- 4. The composite material of Claim 1 wherein the multi-dimensional array forms a square structure.
- 5. The composite material of Claim 1 wherein said coupled fiber reinforcement structure is formed by a first and second pair of parallel fibers, said first and second pair being coupled orthogonal to each other.

- 6. The composite material of Claim 1 wherein said fibers are selected from the group consisting essentially of carbon fiber, glass fiber, and kevlar.
- 7. The composite material of Claim 1 wherein said matrix is a thermosettable polymer.
- 8. The composite material of Claim 7 wherein the matrix material is a selected from the group of. epoxy resin, polyester resins, vinyl-ester resins, and phenolic resins.
- 9. The composite material of Claim 7 wherein the matrix material is a selected from the group of. polyimides, bismaleimides, and polybenzimidazoles.
- 10. The composite material of Claim 1 wherein said matrix is a thermformable polymer.
- 11. The composite material of Claim 10 wherein the matrix material is a selected from the group of. polycarbonates, polysulphones, polyether-ether-ketone and polyamides.
- 12. The composite material of Claim 1 wherein said coupled fiber reinforcement structure has an aspect ratio of less than five.

- 13. The composite material of Claim 1 wherein said coupled fiber reinforcement structure has an aspect ratio of about one.
- 14. The composite material of Claim 1 wherein said coupled fiber reinforcement structure has a height to width ratio of about one.
 - 15. A coupled fiber reinforcement structure comprising:
- a pair of fibers adjoined by a joint, said joint structure capable of maintaining the cross structure during a molding process; wherein said coupled fiber reinforcement structure has an aspect ratio of less than ten.
- 16. The coupled fiber reinforcement structure of Claim 15 is formed by a first and second pair of parallel fibers, said first and second pair being coupled orthogonal to each other.
- 17. The coupled fiber reinforcement structure of Claim 15 wherein said fibers are selected from the group consisting essentially of carbon fiber, glass fiber, and kevlar.
- 18. The coupled fiber reinforcement structure of Claim 15 wherein said coupled fiber reinforcement structure is formed by a first and second pair of parallel fibers, said first and second pair being coupled orthogonal to each other.